

# Atopic Dermatitis

Page

Name Reyansh Laha

Tel

Mother Name: Maneka Laha Mumbai

Duration of illness: 12 months

Duration of treatment: 2 mos

Percentage of recovery: 75%

Hif I am Maneka Laha. My son Reyansh is 15mos.

I was visiting my parents in Mumbai, when my relative suggested me to visit Dr Mehra for Reyansh's skin problem.

We live in USA and since Reyansh was 3 mos he started to get rashes in his skin, the problem aggravated when he was 9mos. I consulted many pediatricians there. Most of them said that it will cure as the child grows older. It was very concerning and disturbing to me to not know the cause to this problem. I was told it is eczema but its very difficult to understand the root cause. I did a lot of research on the net as well but none gave me specific reason to this skin problem. I was very hesitant to give my son steroids as prescribed by my pediatrician in USA.

My first visit to Dr Mehra, I must say rather appreciate his methodology, reasoning, his ability to understand the root and also he made me think and analyze the factors that is causing this skin problem. The diet chart was very helpful. I was made to realize that processed food / formula which to my knowledge was a complete food since it contained the essential vitamins and minerals. It is only when I stopped giving Reyansh the formula and replaced it with fruits and homemade food and to see

See below Next page

that his skin conditions was improving every week. Ryansh's skin is so much better now, I hope it gets completely cured.

I appreciate and thank Dr. Sunil Mehra for helping me adapt the healthy diet ~~which~~ ~~is now integral to our life~~ for Ryansh and I am glad I did make the change Dr. suggested. Dr. Sunil Mehra's guidance has been very useful towards Ryansh's treatment.

Thank you  
Manela Lohs